



Hello, and welcome to the world of regenerative orthopedic medicine! If you have found your way to this form, you are interested in what regenerative orthopedic medicine can do to help with your specific musculoskeletal condition(s). If you would like to establish yourself as a patient with our practice, please fill out the following form and submit it to us prior to your appointment.

As part of our commitment to provide you with extraordinary care, your new patient appointment will include an in-depth physical, a dynamic musculoskeletal ultrasound exam, and a review of your past imaging. X-ray and MRI images are both useful – they will need to be two years old or newer to provide us with the most accurate information. It is recommended that your images be copied on a compact disc; you may send them ahead of time or bring them with you on the day of your evaluation appointment.

To learn more about the procedures we offer, view the most up to date outcome data, or listen to patient testimonials please visit the Regenexx website.

We look forward to providing you with the best regenerative orthopedic care that is currently available.

- Jonathan Fenton, D.O.
- Evan Musman, D.O.





#### **New Patient Intake Form**

#### **Basic Patient Information**

Name:			Phone number:		
Mailing Address:					
Email Address:					
Date of Birth:			Sex:	□м	ale 🖵 Female
Ethnicity:	☐ Non-Hispanic ☐	Hispanic	Race:		
Marital status:	☐ Single ☐ Marrie	ed 🖵 Separ	ated 🖵 Divorced	☐ Wid	lowed
Occupation:			Employer:		
Education level:					
Emergency Contact:			Phone number:		
Primary Doctor:			May we send the	hem a eport?	☐ Yes ☐ No
Referring Doctor:			May we send the re	hem a eport?	☐ Yes ☐ No
Motor vehicle or workplace injury?	□ No □ Yes		Date of injury:		
Briefly describe how your problem(s) began:					





Current medications: ex. Aspirin 81mg 1x/daily   (please include non- prescription medicines   and supplements)	
Allergies: Please list the drug/substance name(s) with type and severity of your reaction(s)	
Do you currently use/consume?	Tobacco or Tobacco products: ☐ No ☐ Yes Marijuana: ☐ No ☐ Yes, how often: Alcohol: ☐ No ☐ Yes, how many drinks per week:
What do you do for exercise? How long? How often?	
List any past surgeries and the year performed:	





## Location of Present Pain/Dysfunction

Please indicate where you suffer from pain or dysfunction and list from most to least severe.

Be specific! ex. Inside of my right knee. Hint: use the highlighter function if filling out
electronically

1:	
<b>3: 4:</b>	
5:	
Severity of pain:	☐ Mild ☐ Moderate ☐ Severe
From 0 (No pain) to 10 (Agonizing):	At best/10 At worst/10 Now/10
Quality:	<ul><li>□ Aching</li><li>□ Burning</li><li>□ Sharp</li><li>□ Cramping</li><li>□ Spasming</li><li>□ Numbing</li><li>□ Electric shock</li></ul>
	☐ Intermittent ☐ Continuous ☐ Waxes and wanes
Does your pain Radiate:	□ No □ Yes, where?





What makes your pain worse?	Back and Legs: ☐ Lifting ☐ Twisting ☐ Weight bearing ☐ Prolonged sitting ☐ Prolonged standing ☐ Walking ☐ Uneven terrain ☐ Other:  Neck and Arms: ☐ Lifting ☐ reaching overhead ☐ reaching behind back ☐ looking up/down ☐ Other:
What makes your pain better?	<ul> <li>Nothing □ Rest □ Ice □ Heat □ Stretching □ Walking □ Sitting □ Standing □ Frequent positional changes □ Tylenol □ Ibuprofen □ naproxen □ Muscle relaxant medication □ Pain medications</li> <li>□ Exercise □ Physical therapy □ Chiropractic □ Massage □ Other:</li> </ul>
Treatments attempted:	<ul> <li>□ Nothing □ Ice or Heat □ Physical Therapy □ Steroid injections</li> <li>□ NSAIDs (Ibuprofen, Aleve, Naproxen) and how often?</li> <li>Other treatments:</li> </ul>
Do you have weakness?	□ No □ Yes, where?
Tingling, numbness, or decreased sensation?	□ No □ Yes, where?
Do you limp when you walk?	No □ Yes □





## Personal Medical History

Please indicate if you suffer from any of the following conditions:

Alcoholism		Migraines	
Hepatitis		History of fainting	
AIDS		Lyme disease	
Anemia		Other chronic infection	Type:
Low platelet count		Gout	
Other bleeding disorder	Type:	Rheumatoid arthritis	
Sleep apnea		Psoriatic arthritis	
Cancer	Туре:	Reactive arthritis	
Diabetes		Other autoimmune condition	Type:
COPD		Osteoporosis	
Depression		Scoliosis	
Anxiety		Ankylosing spondylitis	
Drug abuse		DISH	
Heart attack		Low thyroid	
Heart disease		Low testosterone	
Kidney disease		Low estrogen	
Stroke		Other endocrine condition	Type:
Generalized joint hypermobility		Ethlors-Danlos Syndrome	





## **Review of Systems**

#### Are you currently experiencing any of these symptoms?

Constitutional symptoms:	☐ Fever ☐ weight loss ☐ weight gain ☐ extreme fatigue
Eyes:	☐ Double vision ☐ blurry vision ☐ intolerance to bright light
Ears:	☐ Hearing loss ☐ tinnitus (ringing) ☐ discharge
Nose:	☐ Bleeding ☐ discharge ☐ congestion ☐ post-nasal drip
Mouth:	☐ Dental problems ☐ bleeding gums ☐ TMJ pain
Cardiovascular:	☐ Chest pain ☐ palpitations or irregular heartbeat
Respiratory:	☐ Cough ☐ wheezing ☐ shortness of breath ☐ trouble taking a deep breath
Gastrointestinal:	☐ Nausea ☐ vomiting ☐ abdominal pain ☐ constipation ☐ diarrhea ☐ blood in stools ☐ loss of appetite ☐ heartburn (GERD)
Musculoskeletal:	☐ Other pains not listed, location:
Skin:	☐ Rash ☐ itching ☐ abnormal sweating
Genitourinary:	☐ Irregular periods ☐ vaginal bleeding after menopause ☐ frequent or painful urination ☐ bloody urine ☐ impotence ☐ pain with sex
Neurological:	☐ Headache ☐ sleep complaints ☐ tingling or numbness ☐ weakness
Psychiatric:	☐ Depression ☐ anxiety ☐ suicidal thoughts ☐ little interest or pleasure in doing things
Endocrine:	☐ Excessive thirst ☐ cold or heat intolerance ☐ excessive urination or appetite ☐ hair loss ☐ very dry skin ☐ leg/feet swelling
Hematologic:	☐ Unusual bruising or bleeding ☐ enlarged lymph nodes ☐ edema





#### **Family History**

Please indicate any individual in your immediate family who suffers from the following:

Similar problems to yours?	☐ No	☐ Yes	Who?
Disability	□ No	☐ Yes	Who?
Arthritis	☐ No	☐ Yes	Who?
Heart Disease	□ No	☐ Yes	Who?
Diabetes	☐ No	☐ Yes	Who?
Cancer	□ No	☐ Yes	Who?
Auto Immune disease	□ No	☐ Yes	Who?
Thyroid disease	☐ No	☐ Yes	Who?
Elevated cholesterol	□ No	☐ Yes	Who?
Hypertension	□ No	☐ Yes	Who?
Other:	☐ No	Yes	Who?





## **Financial Policy**

Name:	
You, the patient, are responsible for your medical which Vermont Regenerative Medicine bills, we wany remaining balance. If you have an insurance the which you can submit yourself. Not all insurances regenerative medicine treatment is covered by an regenerative medicine procedure, you will be requiprocedure.	ill submit the forms for you and bill you for nat we do not bill, we will give you a form cover office visits and currently no y insurance. If you elect to proceed with a
Co-pays and dispensary purchases are due at the t	time of service.
I have read, understood, and agree to the Financia information necessary to process my claims. I also message on my phone.	
Signature:	Date:





# **HIPAA Acknowledgement**

Name of Patient:	Date of	Birth:	
Acknowledgem	ent of Receipt of	Notice of Privacy Practi	ces
I hereby acknowledge receipt of V	ermont Regenera	ative Medicine's Notice	of Privacy Practices
Signature of Patient/Patient Repre	esentative	Date	
Relationship to Patient			